

## Harrisburg Middle School Breakfast January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			3) Mini Pancakes Syrup Fruit Juice Milk	4) Breakfast Pizza Cereal Fruit Juice Milk
7) Cereal/Oatmeal Granola Bar Fruit Juice Milk	8) Pancake on Stick Syrup Fruit Juice Milk	9) Biscuit and Gravy (WG) Sausage Patty Fruit Juice Milk	10) French Toast Sticks Syrup Fruit Juice Milk	11) Breakfast Pizza Yogurt Fruit Juice Milk
14) Cereal/Rice Poptart Fruit Juice Milk	15) Sausage/Egg/Biscuit Fruit Juice Milk	16) Biscuit and Gravy WG Sausage Patty Fruit Juice Milk	17) Mini Doughnuts  Fruit  Juice/Milk	18) Breakfast Pizza Cereal Fruit Juice Milk
21)  NO SCHOOL	20) Cereal/Oatmeal Granola Bar Fruit Juice Milk	21) Biscuit & Gravy (WG) Sausage Fruit Juice Milk	22) Cini Mini or Cereal Fruit Juice Milk	23) Breakfast Pizza Cereal Fruit Juice Milk
26) Cereal/Oatmeal Granola Bar Fruit Juice Milk	27) Pancake on Stick Syrup Fruit Juice Milk	28) Biscuit & Gravy (WG) Sausage Fruit Juice Milk	29) Waffles Syrup Fruit Juice Milk	30) Breakfast Pizza Cereal Bar Fruit Juice Milk

# Harrisburg Middle School Lunch Menu January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salad Bar available			3) Cheeseburger W/G bun Or Chicken Patty bun Peas Carrot sticks/dip Fruit Milk	4) Pizza or Corndog Baked Chips Corn Fruit Milk
7) Bosco Sticks/Sauce or Cheeseburger W/G bun Lettuce Salad/ dressing Fresh Broccoli/Dip Fruit Milk	8) Chicken Noodles/Roll Ham & Cheese Buttered Carrots Green Beans Fruit Milk	9) Chicken Patty/bun Or Cheeseburger/bun Mixed Veggies Fruit Milk	10) BBQ Pork W/G bun Or Grilled Chicken Baked Beans Fries Fruit Milk	11) Spicy Chicken/Bun Or corndog Corn Fresh veggies/dip Fruit Milk
14) Mini Corndogs or Burrito/Salsa Mac and cheese Peas Fruit Milk	15) Chili/ Pb Sandwich Or Cheeseburger/bun Carrot sticks/dip Crackers Fruit Milk	16) Pork Patty/ bun Or Spicy Chicken/bun Corn Pickles Fruit Milk	17) Popcorn Chicken/roll Or Chicken Patty/bun Mashed Potatoes Green Beans Fruit Milk	18) Chili Cheese Dog Or Fish Sandwich Corn Chips Tomato/Broccoli/dip Fruit Milk
21) NO SCHOOL	22) Toasted Ravioli/ roll Or Cheeseburger/bun Corn Steamed Broccoli Fruit Milk	23) Chicken Patty/bun or Spicy Chicken/bun Green Beans Baby Carrots Fruit Milk	24) Taco in a bag Or Corndog Pintos-n-cheese Lettuce / tomatoes Salsa Fruit Milk	25) Hot Pockets or Burrito/salsa Chips Fresh Veggies/dip Fruit Milk
28) Bosco Sticks/Sauce or Cheeseburger/bun Lettuce salad/dressing Fresh Broccoli/dip Fruit Milk	29) Chicken Patty/bun Or Pork patty/bun Green Beans/Potatoes Fruit Milk	30) Corndogs or Burrito/salsa Peas Carrots Fruit Milk	31) Biscuit & Gravy or Sausage/egg/biscuit Hashbrown Applesauce Fruit Milk	