

Monday	Tuesday	Wednesday	Thursday	Friday
			3 Yogurt Or Cereal Cini Mini Fruit-Juice-Milk	4 Breakfast Pizza Or Pop Tart Cereal Fruit-Juice-Milk
7 Sausage Biscuit Or Cereal Biscuit-Jelly Fruit-Juice-Milk	8 Biscuits-Gravy Or Biscuit-Jelly Cereal Fruit-Juice-Milk	9 Oatmeal Or Cereal French Toast-Syrup Fruit-Juice-Milk	10 Yogurt Or Cereal Cini Mini Fruit-Juice-Milk	11 Breakfast Pizza Or Pop Tart Cereal Fruit-Juice-Milk
14 Pancake-Sausage Wrap Or Oatmeal Cereal Fruit-Juice-Milk	15 Biscuits-Gravy Or Biscuit-Jelly Cereal Fruit-Juice-Milk	16 Rice Or Cereal French Toast-Syrup Fruit-Juice-Milk	17 Yogurt Or Cereal Cini Mini Fruit-Juice-Milk	18 Breakfast Pizza Or Pop Tart Cereal Fruit-Juice-Milk
21 No School	22 Biscuits-Gravy Or Biscuit-Jelly Cereal Fruit-Juice-Milk	23 Oatmeal Or Cereal French Toast-Syrup Fruit-Juice-Milk	24 Yogurt Or Cereal Cini Mini Fruit-Juice-Milk	25 Breakfast Pizza Or Pop Tart Cereal Fruit-Juice-Milk
28 French Toast Stix/Syrup Or Oatmeal Sausage Fruit-Juice-Milk	29 Biscuits-Gravy Or Biscuit-Jelly Cereal Fruit-Juice-Milk	30 Rice Or Cereal French Toast-Syrup Fruit-Juice-Milk	31 Yogurt Or Cereal Cini Mini Fruit-Juice-Milk	

**Ala Carte
Items**

**Poptart
Cereal
Pretzel w/ Cheese
Fresh Fruit**

GO DOGS!



Monday	Tuesday	Wednesday	Thursday	Friday
			3 Bosco Sticks/Sauce Or Chicken Patty/WG Bun Veg. Soup/Crackers Salad/Dressing Fruit-Milk	4 Biscuits-Gravy-Sausage Or Sausage Biscuit Hashbrown Fried Apples Fruit-Milk
7 Chicken Patty/WG Bun Or Hamburger/WG Bun Baked Chips Corn Fruit-Milk	8 Ravioli/WG Roll Or Chicken Patty/WG Bun Buttered Carrots Steamed Broccoli Fruit-Milk	9 Popcorn Chicken/WG Roll Or Grill Chicken/WG Bun Mashed Potatoes Green Beans Fruit-Milk	10 Bosco Sticks/Sauce Or Corn Dog Veg. Soup/Crackers Salad/Dressing Fruit-Milk	11 BBQ Rib/WG Bun Or Cheeseburger/WG Bun Baked Chips Baked Beans Fruit-Milk
14 Pepperoni Bosco Stix Or Hamburger/WG Bun Salad/Dressing Corn Fruit-Milk	15 Chicken Tenders/WG Roll Or Popcorn Chicken Mashed Potatoes Green Beans Fruit-Milk	16 Mini Corndogs Or Chicken Patty/WG Bun Parsley Potatoes Peas Fruit-Milk	17 Bosco Sticks/Sauce Or Hamburger/WG Bun Veg. Soup/Crackers Salad/Dressing Fruit-Milk	18 Loaded Nachos Or Grilled Ckn/WG Bun Pintos-N-Cheese Carrots/Dip Fruit-Milk
21 No School	22 BBQ Chicken/WG Bun Or Chicken Patty/WG Bun Au gratin Potatoes Green Beans Fruit-Milk	23 Pork Fritter/Gravy Or Hamburger/WG Bun Mashed Potatoes Baby Carrots Fruit-Milk	24 Bosco Sticks/Sauce Or WG Uncrustable Veg. Soup/Crackers Salad/Dressing Fruit-Milk	25 Chicken Soft Tacos Or Ham-Cheese/WG Bun Bean Dip Chips-Salsa Fruit-Milk
28 Pizza Or Corn dog Baked Chips Corn Fruit-Milk	29 Chili with P-Nut Butter Sand. Or Hamburger/WG Bun Carrots/Dip Granola Bar Fruit-Milk	30 Chicken Noodles/WG Roll Or Chicken Patty/WG Bun Buttered Carrots Green Beans Fruit-Milk	31 Bosco Sticks/Sauce Or Chicken Patty/WG Bun Veg. Soup/Crackers Salad/Dressing Fruit-Milk	

Harrisburg High School

January 2019

GO DOGS!

